



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

FILA GRAND PRIX

GRAPPLING GI & NO-GI – PANKRATION – COMBAT GRAPPLING

Martigny (SUI), 07-08 May 2011

Salle du Midi
Rue du Simplon 4C
1920 Martigny

INTRODUCTION

The first leg of the FILA Grand Prix series, four high-level international tournaments counting for the World Ranking of athletes competing in grappling, pankration, and combat grappling, will take place in Martigny on 07-08 mai 2011.

Hometown of the FILA President, Martigny has a long wrestling tradition and distinguished itself several times by hosting major international events, such as the senior World Championship in 1989, the veteran World Championship in 2001 and 2005, and the qualifying tournament for the Beijing Olympic Games in 2008.

Athletes from all countries are invited to take part in the tournament that -- in addition to top-level grappling, pankration, and combat grappling competitions -- will feature a highly exciting program:

- Points allocated to the first 5 in each weight category to enter the World Ranking that will crown the "Athletes of the Year" in each discipline by a special FILA award and cash prizes.
- 1000 CHF in cash prizes to the winners of the absolute category in grappling (Gi and No-Gi).
- Possibility for all athletes to participate in a 3-hour seminar with the American grappling and Mixed Martial Arts legend Jeff Monson.
- Possibility to attend the 3rd edition of the "Hard Fighting Championship", a French-based MMA promotion, that will host a dual meet between France and Switzerland the evening before the tournament.
- Possibility for athletes competing in combat grappling to be noticed by the HFC promoters and consider their transition to professional level.

The tournament will also be the first occasion to compete for the Swiss athletes newly united under the Swiss Federation of BJJ & Associated Styles, official representative for grappling, pankration, and combat grappling in Switzerland. The best Swiss athletes of the tournament will qualify for the European Championship taking place in Ukraine on 09-11 June 2011.



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

Adresse : Rue du Château 6 / 1804 Corsier-sur-Vevey / Suisse
Téléphone : (41.21) 312 84 26 Fax : (41.21) 323 60 73 E-mail : fila@fila-wrestling.com / Internet : www.fila-wrestling.com

PARTICIPATION

1. Only the National Federations or Committees duly affiliated to FILA for the year 2011 can participate in the tournament.
2. Each competitor must present his/her national licence valid for 2011 and personal passport at accreditation.
3. Competitors wishing to purchase a FILA licence including insurance coverage for all international competitions entered in the 2011 calendar can do so at registration for 100 CHF, 80 EUR or 120 USD. A passport copy and photo must accompany every request.
4. All competitors must have private or federal insurance coverage.
5. The number of competitors of the same nationality per weight category is not limited.
6. Each competitor must be 20 or older. Competitors aged 18 and 19 will be allowed to participate upon presentation of a medical certificate. Age and nationality will be checked with the passport at weigh-in.
7. The delegations in need of a visa to enter Switzerland must send their visa application forms to SUI@fila-grappling.com before **20 March 2011**. The organizer will take care of sending official invitation letters to the Swiss consular representation in their country of residence.
8. Nominative entries must be sent to FILA at SUI@fila-grappling.com before **30 April 2011** in order to ensure smooth registration and weigh-in procedures.
9. The competitors who would miss the registration and weigh-in times set on the program will be denied access to the competition. It is their duty to arrive early enough to have enough room to go through the procedure within the allotted times.
10. The competitors are allowed to enter several styles (No-Gi, Gi, pankration, and combat grappling), provided that they undergo the official weigh-in and drawing of lots held before the beginning of each style. If a registered athlete has not turned up by the end of the official weigh-in time to re-check his/her weight and draw a number, he/she will be removed from the brackets and will not be allowed to compete.
11. In accordance with the FILA Regulations, athletes with a professional MMA record of more than 4 fights are not eligible to compete in combat grappling.
12. Athletes competing in the tournament are under the exclusive responsibility of their National Federation or Committee through their respective coaches. Any breach of the rules will be sanctioned according to the FILA Disciplinary Regulations.

TECHNICAL CONDITIONS

1. The competition will run according to the FILA official rules on 3 FILA approved mats and in the following weight categories: Men 60, 65, 70, 75, 80, 90, 110kg, absolute and Women 50, 55, 60, 65, 75kg, absolute. No weight allowance will be accepted.
2. The warm-up hall and sauna (Sporting Club des Lutteurs, rue des Ecoles 7, 1920 Martigny) will be made available to the competitors on Saturday morning between 8 am and 12 pm.
3. Each competitor must undergo the medical examination before the registration and weigh-in, which take place at the competition venue.
4. The weigh-in for all styles (including Gi Grappling) is done in shorts or underwear.
5. The drawing of lots for position in the brackets will be done manually at the time of weigh-in. Once the brackets are printed to correspond the lot numbers, no modification whatsoever can be requested by the competitors.



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

Adresse : Rue du Château 6 / 1804 Corsier-sur-Vevey / Suisse **Téléphone** : (41.21) 312 84 26 **Fax** : (41.21) 323 60 73 **E-mail** : fila@fila-wrestling.com **Internet** : www.fila-wrestling.com

6. Each competitor is required to wear a FILA approved competition uniform, as laid down in the International Regulations of each discipline:

No-Gi Grappling: Board shorts and a mandatory rashguard. If possible, the first grappler called shall put on an overall red uniform and the second one an overall blue uniform. Ankle bands will be provided in case of need.

Gi Grappling: The first grappler called shall wear a red belt and the second one a blue belt. Belts will be provided by the organizer.

Pankration: The first pankratiast called shall wear a white Gi or endyma, gloves, and shin guards, and the second one shall wear a blue Gi or endyma, gloves, and shin guards.

Combat Grappling: Board shorts and an optional rashguard. The first combat grappler called shall wear a red helmet, gloves, and shin guards, and the second one shall wear a blue helmet, gloves, and shin guards.

NB: Helmets, gloves, and shin guards will be made available to the athletes who do not have any or whose gear is not compliant.

7. In addition, pankratiasts and combat grapplers are required to wear a groin protector and a mouth guard. Female competitors are also allowed to wear a chest protector.
8. **FILA Approved uniforms, helmets, gloves and shin guards will be for sale on site.**
9. The competitors who forfeit a match without proper medical certificate will not be allowed to proceed throughout the tournament (even in other styles) and will be withdrawn from the final ranking.
10. Individual prizes will be given to each weight category:

1 st place	1 gold medal, certificate, and special award
2 nd place	1 silver medal, certificate
3 rd places	2 bronze medals, certificates
5 th –10 th places	certificates

11. The winners of the absolute men's category in Gi and No-Gi grappling will receive a **1000 CHF cash prize**. Additional prizes to the absolute women's category and to pankration will be determined depending on the number of participants.

12. Points will be allocated to the first 5 in each weight category and will count for the World Ranking of athletes:

1 st place	5 points
2 nd place	4 points
3 rd places	3 points
5 th places	1 point

13. The first three teams in each style will receive a cup.



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

FILA

REFEREES

1. In accordance with the FILA regulations, each country participating with more than 3 athletes (all styles combined) is required to enter at least 1 referee. The National Federations or Committees that would not comply with this rule will be imposed a penalty of 500 CHF invoiced by FILA at the end of the calendar year.
2. All FILA certified referees with a valid licence for 2011 may work in the competition.
3. A referees' course for new candidates will be held before the tournament. In order to receive their certifications, new referees must attend the theoretical course, pass the written exam, and referee the two days of competition.
4. The examination fee of 100 CHF (or 80 euros) will be collected by the FILA instructor prior to the course and will include the licence fee for 2011.
5. All referees must wear the regulation uniform, that is: black polo, black suit pants, and black sport shoes, in addition to the refereeing accessories that can be obtained on the spot.

PARTICIPATION FEE

1. The participation fee is intended by day. The competitors who pay the participation fee for the first day can compete in No-Gi Grappling and Pankration and the competitors who pay for the second day can compete in Gi-Grappling and Combat Grappling.
2. The competitors who commit to compete for both days before the beginning of the tournament receive a discount on the participation fee. If they change their mind or have a medical forfeit, the full amount will remain to the organizer.
3. The competitors can also decide to compete the next day during the course of the competition. In such case, they will be required to pay the single-day participation fee again and will not receive any discount.
4. The competitors wishing to enter the absolute category will be asked an additional 5 CHF participation fee, payable at the time of registration for the absolute category.
5. The competitors who wish to attend the 3rd edition of the Hard Fighting Championship, a Mixed Martial Arts event organized in cooperation with FILA and Sporting Club des Lutteurs, will receive a discount if they pay their participation fee together with the entry ticket.
6. Prices:
 - 30 CHF (or 25 euros): Participation fee for 1 day
 - 50 CHF (or 40 euros): Participation fee for 2 days
 - 5 CHF (or 4 euros): Participation fee in the absolute division for each style
 - 15 CHF (or 12 euros): Entry ticket to Hard Fighting Championship for the competitors
 - 30 CHF (or 25 euros): Participation fee for Jeff Monson's 3-hour seminar



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

Adresse : Rue du Château 6 / 1804 Corsier-sur-Vevey / Suisse **Téléphone** : (41,21) 312 84 26 **Fax** : (41,21) 323 60 73 **E-mail** : fila@fila-wrestling.com **Internet** : www.fila-wrestling.com

TRANSPORTS

1. Martigny is accessible by the A9 Highway or by train with direct lines from Geneva and Lausanne.
2. The transfers between the competition venue, training venue, and accommodation places can be done on foot (10-15 minutes between each point).
3. The delegations wishing to get bus transfers from Geneva airport can contact the organizer to agree on the fare.

ACCOMMODATION

1. The participants wishing to book rooms at the partner hotel must contact the hotel directly and announce "lutte" to benefit from discounts. The price per night in double rooms with breakfast is 50 CHF per person.

Address:

Hôtel Forclaz-Touring
Rue du Léman 15
1920 Martigny
Tel: +41 27 722 27 01
Email: contact@hotelforclaztouring.com
Web: www.hotelforclaztouring.ch

2. The participants wishing to book a bed in the town dormitory must inform the organizer **before 23 April 2011**. The first 70 beds are located in the « Clock House » in Martigny Bourg and include pillows and covers. The additional beds are located in underground shelters and participants will have to bring sleeping bags along. The price per night is 15 CHF (or 12 euros), payable to the organizer at the time of registration.

Address:

Clock House
Rue du Bourg
1920 Martigny

3. Martigny has a camping with 220 places with sanitary facilities, a small cafe, a convenience store, swimming pool, mini golf, table tennis, volleyball, and petanque field.

Prices:

Small tent space: 9.20 CHF
Big tent space: 16 CHF
Price per adult: 7.20 CHF
Electricity: 4.50 CHF
Resort tax: 0.80 CHF

Address:

Camping TCS Les Neuilles
Route du Levant 68
1920 Martigny

Reservations:

Tel : +41 27 722 45 44



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

Adresse : Rue du Château 6 / 1804 Corsier-sur-Vevey / Suisse Téléphone : (41.21) 312 84 26 Fax : (41.21) 323 60 73 E-mail : fila@fila-wrestling.com / Internet : www.fila-wrestling.com

TOWN MAP



CONTACT

International Federation of Associated Wrestling Styles

Ms. Anne Pellaud
Rue du Château 6
1804 Corsier-sur-Vevey
Switzerland

Tel.: +41 21 312 84 26
Fax: +41 21 323 60 73
Email: info@fila-grappling.com
Web: www.fila-wrestling.com

Swiss Federation of BJJ & Associated Styles

Email : SUI@fila-grappling.com



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

FILA GRAND PRIX

GRAPPLING GI & NO-GI – PANKRATION – COMBAT GRAPPLING

Martigny (SUI), 07-08 May 2011

Salle du Midi
Rue du Simplon 4C
1920 Martigny

PROGRAM

Friday 06.05.2011	16:00-18:00	Medical control, registration and weigh-in
	18:00	HFC3 – Doors open to the public
	19:00-21:00	HFC3 – Preliminary fights
	21:30-23:30	HFC – Main fights
	24:00	HFC3 – After party
Saturday 07.05.2011	08:00-11:00	Medical control, registration, and weigh-in
	09:00-12:00	Jeff Monson's seminar
	09:00-12:00	Referees' course in grappling, pankration, combat grappling
	12:30-13:00	Rules review
	13:00-17:00	No-Gi Grappling – Elimination rounds and repechages
	16:00-18:00	Medical control, registration and weigh-in for the next day
	18:00-18:30	Opening ceremony
	18:30-20:00	No-Gi Grappling – Finals
	20:00-21:00	Pankration – Elimination rounds and repechages
	21:00-22:00	Pankration - Finals
Sunday 08.05.2011	08:00-09:00	Medical control, registration and weigh-in
	09:30-10:00	Rules review
	10:00-13:00	Gi Grappling – Elimination rounds and repechages
	13:00-14:30	Gi Grappling – Finals
	15:00-17:00	Combat Grappling – Elimination rounds and repechages
	17:00-18:30	Combat Grappling – Finals